




The \$0 Start-Over Blueprint

Your 30-Day Action Checklist

MINDSET BEFORE ACTION

- ☐ Focus on solving problems, not 'selling.'
 - ☐ Choose service over perfection.
 - ☐ Commit to taking messy, daily action.
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Days 1-7: Build Your Online Presence

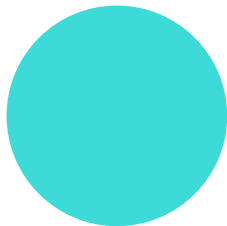
- ☐ Pick one monetizable skill (writing, social media, web design, branding, etc.).
- ☐ Set up a basic online profile (LinkedIn, Wix, Canva).
- ☐ Create a simple 'Offer Page': who you help, what you do, how to contact you.



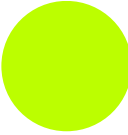
Days 8-14: Get Visible and Add Value

- ☐ Join 3-5 free groups (Facebook, LinkedIn, Reddit).
- ☐ Post 3-5 helpful comments or mini-tips daily.
- ☐ DM potential clients: 'How can I help you this week?'
- ☐ Offer one free audit/review to build social proof.

Days 15-21: Create Micro-Offer and Start Selling

- ☐ Package a low-ticket service (\$50-99 range).
 - ☐ Promote micro-offers in groups, DMs, and networks.
 - ☐ Deliver fast. Over-deliver value. Collect testimonials.
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Days 22-30: Multiply Your Impact

- ☐ Bundle services into 'Starter Packages' (\$250-500).
 - ☐ Ask satisfied clients for referrals.
 - ☐ Host a free live mini-workshop or Q&A session.
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Key Reminders

- ☐ Speed matters: launch before you feel 'ready.'
- ☐ Service builds trust faster than selling.
- ☐ Show up daily; visibility creates opportunity.
- ☐ One strong connection can change your path.



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